



संस्कृतम् 101- 401 Journey

Part 3

(Sama + Krutam)

Prashant V. Joshi (CoachP) (he/him)

B.E. (EE), M.A. M.Phil, E-RYT 500, C-IAYT, YACEP

Manju Joshi (CoachM) (she/her)

MA, HHC, E-RYT 500, YACEP, C-IAYT, MCO-Osteo

Co-Founders, Gurukul Yoga and Food Yogini

gurukul@gurukulyoga.com; hello@foodyogini.com

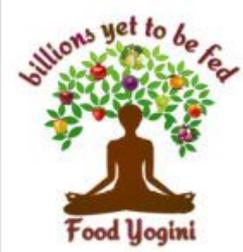
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Austin, TX

Native Land Ackn: Comanche, Jumanos



**Billions Yet To Be Served...
Billions Yet To Be Fed...**



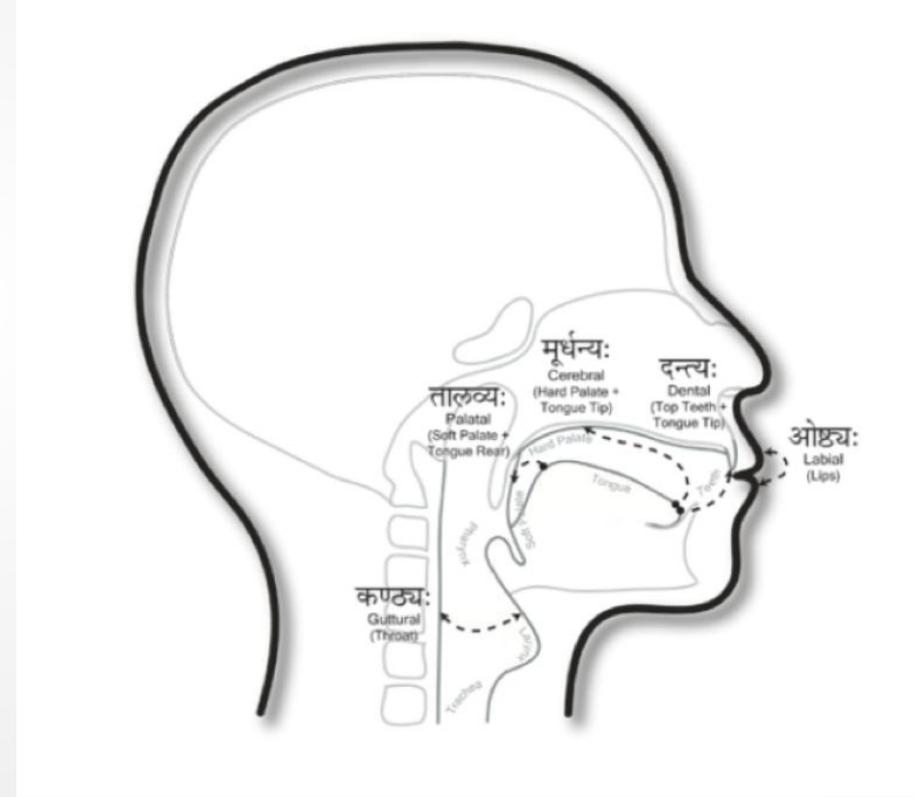
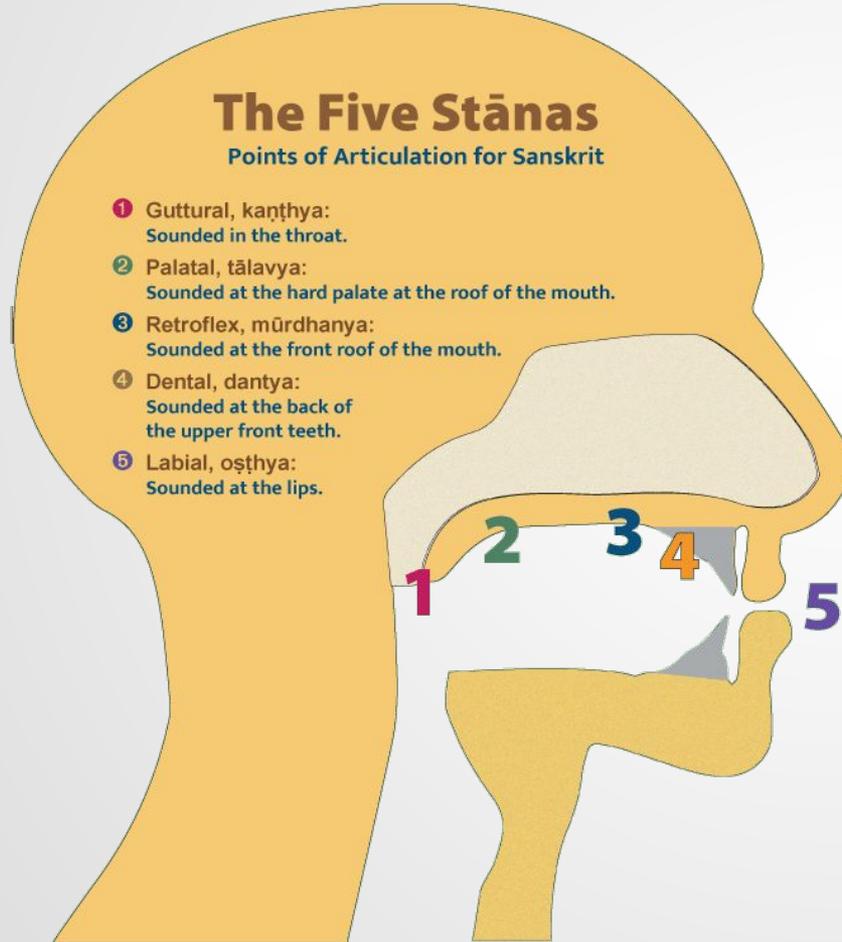
Agenda

- How is this Series organized?
- Quick Recap of Part 2
- The Conjunct Consonants, Nasals
- Special syllables and Numerals
- Sample Yogic Vocabulary and Recitations
- Further Studies
- Q&A

How is the series organized?

- **Part1:**
 - From History and origins
 - Starting with basics - the physiology of sound
 - Focus on vowels and Syllable creation
 - Sample vocabulary and recitations
- **Part2:**
 - Quick Recap
 - Focus on consonants, syllables and syllabary
 - Sample vocabulary and recitations
 - Chakras and associated consonants
- **Part3:**
 - Quick Recap
 - Conjunct and Nasal Consonants
 - Numerals, Sample vocabulary and recitations
 - Further Studies

Physiology of संस्कृतम्



Structure of संस्कृतम्

THE SANSKRIT ALPHABET

संस्कृतवर्णमाला SAṆSKṚTA-VARṆA-MĀLĀ

vowels (svara)

simple – short & long:

अ A आ Ā इ I ई I उ U ऊ Ū ऋ Ṛ ॠ Ṝ
guttural palatal labial cerebral (retroflex)

diphthongs – long:

ए E ऐ AI ओ O औ AU | अं AM अः Aḥ | लृ Ḍ लृ Ḍ
anusvāra visarga dental

consonants (vyañjana)

mutes or stops (sparsha)

class – location	hard (non-voiced)		soft (voiced)		nasal
	simple	aspirate	simple	aspirate	
gutturals – throat	क KA	ख KHA	ग GA	घ GHA	ङ ṆA
palatals – middle of mouth	च ĆA	छ ĆHA	ज JA	झ JHA	ञ ṆA
cerebrals – roof of mouth	ट ṬA	ठ ṬHA	ड ḌA	ढ ḌHA	ण ṆA
dentals – teeth	त TA	थ THA	द DA	ध DHA	न NA
labials – lips	प PA	फ PHA	ब BA	भ BHA	म MA

semi-vowels (antastha) – soft

य YA palatal र RA cerebral ल LA dental व VA labio-dental

sibilants – hard & pure aspirate – soft (iṣṭhman)

श SA palatal ष ṢA cerebral स SA dental ह HA guttural

special conjunct consonants क्ष KṢA त्र TRA ज्ञ JṆA

Half Consonants

(Math of Conjunct Consonants)

क ख ग घ ङ
च छ ज झ ञ
ट ठ ड ढ ण
त थ द ध न
प फ ब भ म
य र ल व
श ष स
ह

क ख ग घ ङ च छ ज झ
क kh g gh n ch chh j n
ट ठ ड ढ ण त थ द ध न त्र थ्थ द्ध न्
t th d ddh n t' th' d' dh' n'
प फ ब भ म य र ल व श्श स
p f b bh m y r l v sh s

Conjunct Syllables

(Math of Conjunct Consonants)

- Conjunct syllables are written with Half consonant(s) + full consonant + vowel stroke
- e.g. शक्ति (Shakti) (Ka+Ta are conjunct and hence represented with half Ka + full Ta + vowel stroke
श + क् + त + इ = शक्ति
- स्थिर (Sthira) (sa + tha are conjuncts and hence represented with half sa + full tha + vowel stroke
स् + थ + इ + र = स्थिर
- चित्त (Chitta) (chi + half ta + full ta)
च + इ + त् + त = चित्त

Conjunct Syllables

(some special syllables)

- **Some Special syllables**

- श्र (श् + र = श्र) श्रीम् (Shreem)
- क्ष (क् + ष = क्ष) क्षमा (Kshamaa)
- त्र (त् + र = त्र) त्रीणि (Treeni)
- ज्ञ (ज् + ञ = ज्ञ) ज्ञान (Jnyan)

- **Special conjunct rule when RA (र्) is one of the conjuncts before or after another consonant**

- e.g. र is AFTER क् as in chakra ---> च + क् + र = चक्र
 - other examples: वक्र, भ्रामरि, प्राण
- When र् is BEFORE another consonant
 - Surya (सूर्य) -> सू + र् + य = सूर्य
 - Purva (पूर्व) -> पू + र् + व = पूर्व

Nasal Consonants

Guttural	Palatal	Cerebral	Dental	Labial
ङ	ञ	ण	न	म
ṅa	ña	ṇa	na	ma

TIP: Which Nasal consonant to be used depends on which group the conjunct consonant belongs to
Some examples below:

अङ्ग (anga) पञ्च (Pancha) प्राण (Praana) बन्ध (Bandha) यम (Yama)

e.g. Bhujangaasana

- भु + ज + ङ्ग + आसन = भुजङ्गासन = भुजंगासन
- द + ण्ड + आसन = दण्डासन = दंडासन

Saunskrut Numerals

Great for Sun Salutation practice

1. One एकम् (ekam)

2. Two द्वे (dve)

3. Three त्रीणि (treeni)

4. Four चत्वारि (chatvaari)

5. Five पञ्च (pancha)

6. Six षट् (shat)

7. Seven सप्त (sapta)

8. Eight अष्ट (ashta)

9. Nine नव (nava)

10. Ten दश (dasha)

१ - एकम्	११ - एकादश	२१ - एकविंशतिः	३१ - एकत्रिंशत्	४१ - एकचत्वारिंशत्
२ - द्वे	१२ - द्वादश	२२ - द्वाविंशतिः	३२ - द्वात्रिंशत्	४२ - द्विचत्वारिंशत्
३ - त्रीणि	१३ - त्रयोदश	२३ - त्रयोविंशतिः	३३ - त्रयस्त्रिंशत्	४३ - त्रिचत्वारिंशत्
४ - चत्वारि	१४ - चतुर्दश	२४ - चतुर्विंशतिः	३४ - चतुस्त्रिंशत्	४४ - चतुश्चत्वारिंशत्
५ - पञ्च	१५ - पञ्चदश	२५ - पञ्चविंशतिः	३५ - पञ्चत्रिंशत्	४५ - पञ्चचत्वारिंशत्
६ - षट्	१६ - षोडश	२६ - षट्त्रिंशतिः	३६ - षट्त्रिंशत्	४६ - षट्चत्वारिंशत्
७ - सप्त	१७ - सप्तदश	२७ - सप्तविंशतिः	३७ - सप्तत्रिंशत्	४७ - सप्तचत्वारिंशत्
८ - अष्ट	१८ - अष्टादश	२८ - अष्टाविंशतिः	३८ - अष्टत्रिंशत्	४८ - अष्टचत्वारिंशत्
९ - नव	१९ - नवदश	२९ - नवविंशतिः	३९ - नवत्रिंशत्	४९ - नवचत्वारिंशत्
१० - दश	२० - विंशतिः	३० - त्रिंशत्	४० - चत्वारिंशत्	५० - पञ्चाशत्

Sample Yogic Vocabulary

- त्रिकोणासन - Trikonaasana
- परिवृत्त त्रिकोणासन - Parivrutta Trikonaasana
- पाद हस्तासन - Paada Hastaasana
- मत्स्यासन - Matsyaasana
- अर्ध मत्स्येन्द्रासन - Ardha Matsyendraasana
- वक्रासन - Vakraasana
- पूर्वाङ्गासन - Purvaangaasana
- पश्चिमोत्तानासन - Paschimottanaasana

Saunskrut words in English

- योग /आयुर्वेद (Yoga/Ayurveda)
- गुरु (GURU) (dispeller of darkness)
- पण्डित (Pandit) (Scholar, Scholarship)
- पण्डित्री (Panditree); पाण्डित्य (Paanditya)
- मन्त्र (Mantra = Saying)
- कर्म (Karma = Action)
- धर्म (Dharma = Righteous path)
- अवतार (Avataar = Incarnation)
- निर्वाण (Nirvaana = Liberation)
- जङ्गल (Jungle = Forest)

English words with Saunskrut roots

- *Divine/God* -> दिव्य/देव (Divyaa/Devaa)
- *Sugar* -> शर्करा (Sharkaraaa)
- *Name* - > नाम (Naama)
- *Man* - > मनु / मानव (Manu / Maanava)
- *Mother/Father* - > मातृ / पितृ (Matru/Pitru)
- *Door* - > द्वार (Dwaar)
- *Center* - > केन्द्र (Kendra)
- *Zen* -> ध्यान (Dhyaana)

Sample Recitations

आमकुम्भ इवाम्भस्थो जीर्णमाणः सदा घटः ।
योगानलेन संदह्या घट शुद्धिं समाचरेत् ॥घे.सं १.८

Aamkumbha Eavambhastho jeernamaanaha sada
Ghataha |
Yogaanalen sandahya ghata shudhim samaacharet
(Ghe. San. 1.8)

The way water stored in an unbaked earthen pot, drains quickly, similarly body(unbaked pot) gets decayed, if not trained. Bake it (literally: Fill it with fire to make it strong), make it pure with the fire of yoga (so it can hold the pure divine essence/SELF)

Sample Recitations

*युक्ताहार विहारस्य युक्तचेष्टस्य कर्मसु।
युक्तस्वप्नावबोधस्य योगो भवति दुःखहा ॥ भ. गी. ६. १७*

*Yuktaahaar vihaarasya yukta cheshtasya karmasu
Yukta swapnaavabodhasya yogo bhavati
Dukhahaa ॥ Bh. Geeta 6.17*

*One who is regulated in the habit of eating,
recreation, work, sleeping and being awake , for
him Yoga becomes destroyer of miseries*

Adnya Chakra **आजा**

2 petals = 2 consonants



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Chakras and Beej Mantras



Takeaways

Enjoy the beauty of saunskrutam

- Its phonetic and poetic
- Listen and Learn
- Use it or Lose it
- Healing through Sound
- Practice to Preserve
- Simplify and Demystify
- Have Fun, Enjoy Sharing



Further studies

- **Saunskrut Channel on YouTube**

<https://www.youtube.com/channel/UCqFg6QnwtVHo1iFgprrx-A>

- **Devanagari Conjuncts Wikipedia**

https://en.wikipedia.org/wiki/Devanagari_conjuncts

- **Google Input Tools**

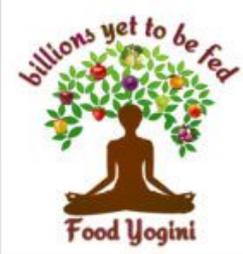
<https://www.google.com/intl/sa/inputtools/try/>

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नमस्ते



धन्यवादः

Q&A

Prashant V. Joshi (CoachP) (he/him)

B.E. (EE), M.A. M.Phil, E-RYT 500, C-IAYT, YACEP

Manju Joshi (CoachM) (she/her)

MA, HHC, E-RYT 500, YACEP, C-IAYT, MCO-Osteo

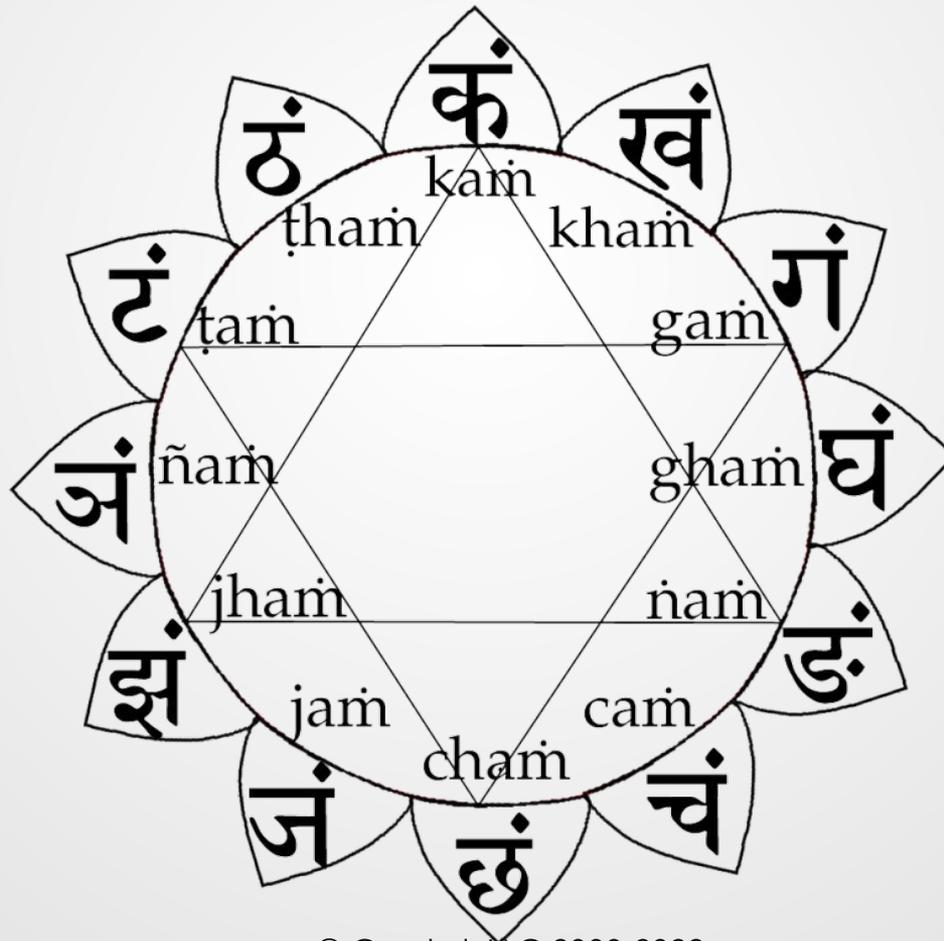
Co-Founders, Gurukul Yoga and Food Yogini
gurukul@gurukulyoga.com; hello@foodyogini.com
www.gurukulyoga.com *** www.foodyogini.com

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Anaahat *अनाहत*

12 petals = 12 consonants

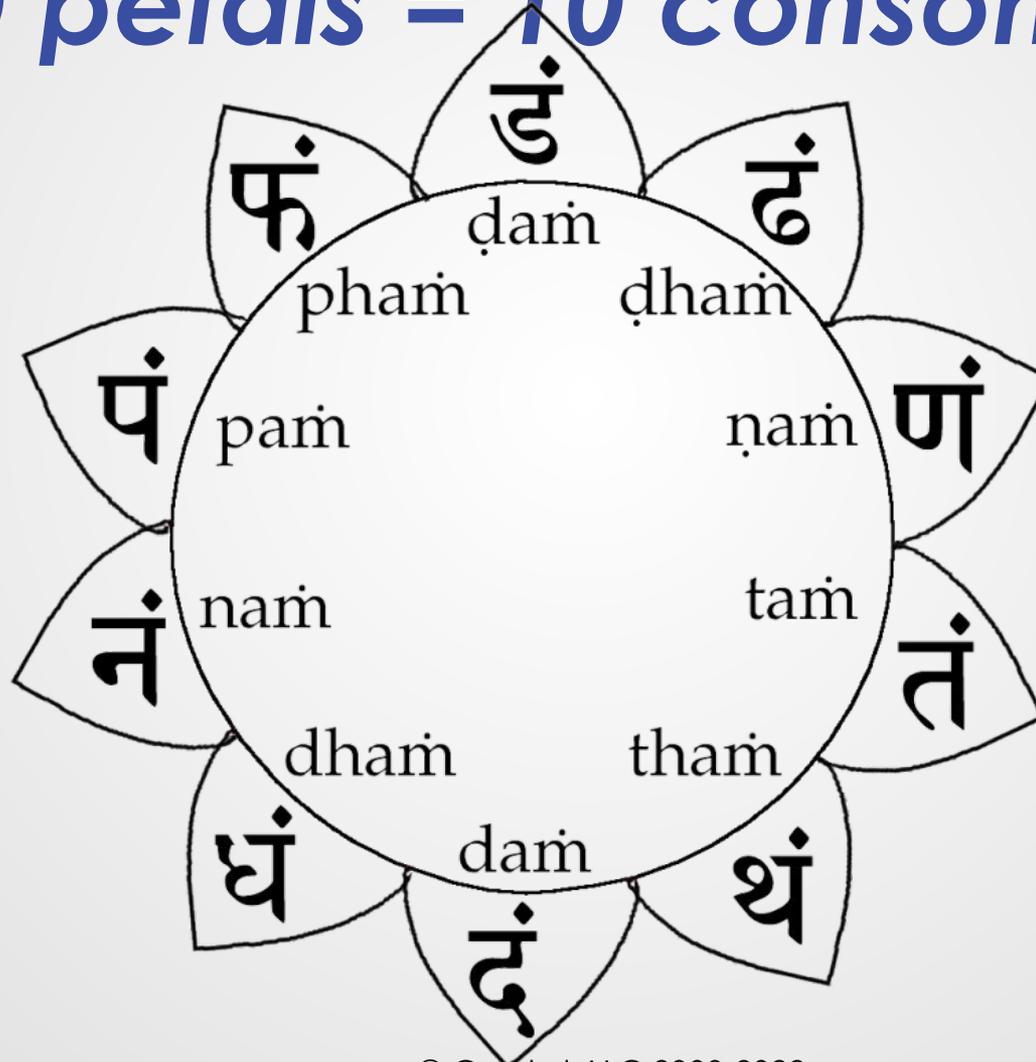


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Manipura मणिपूर

10 petals = 10 consonants



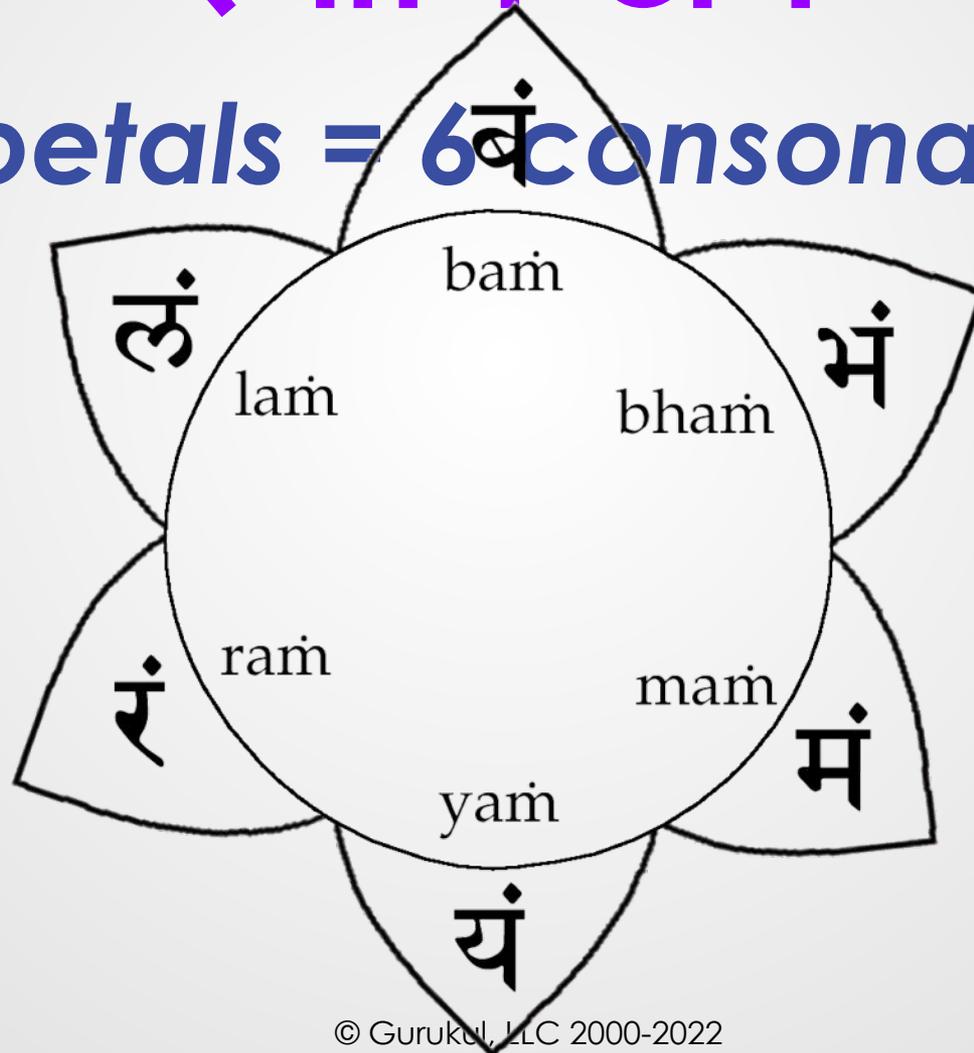
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Swaadhishtan

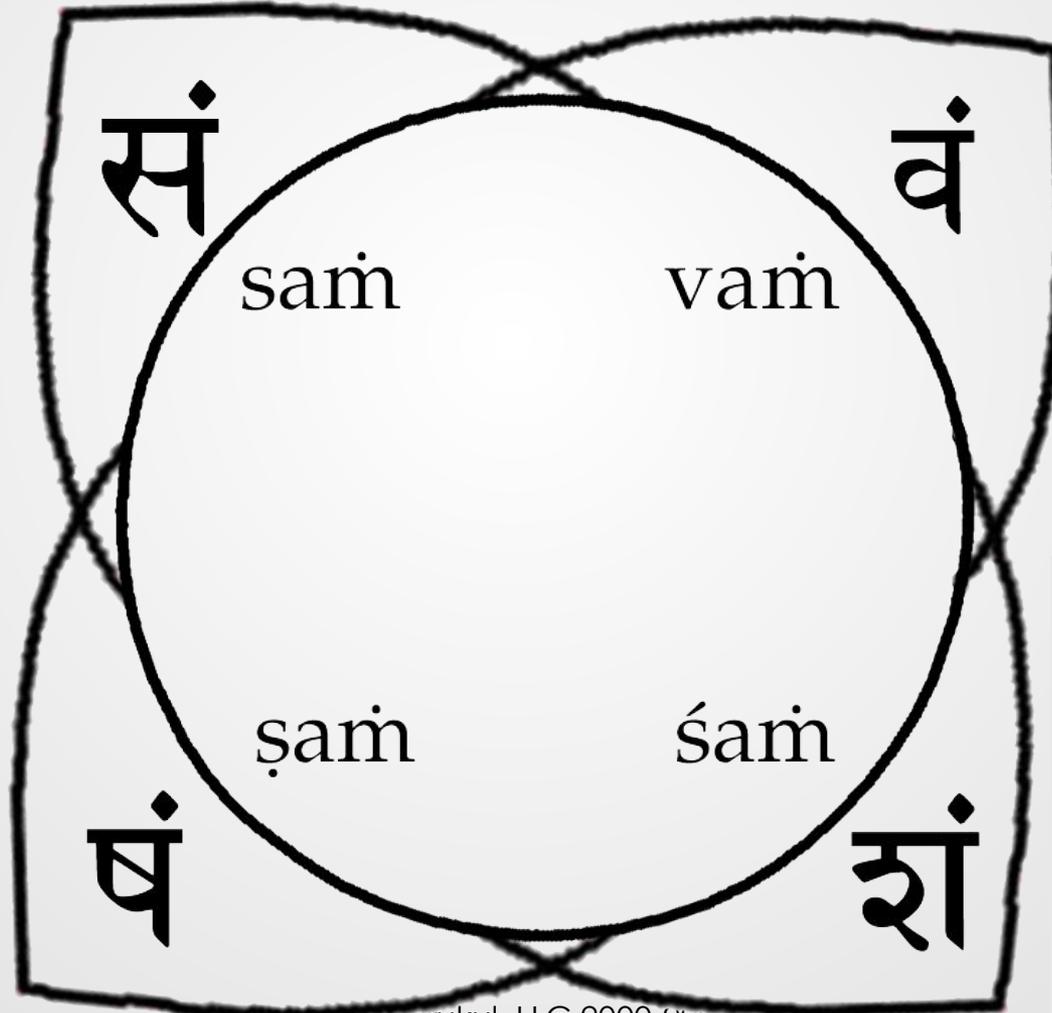
स्वाधिष्ठान

6 petals = 6 वं consonants



Mulaadhara मुलाधार

4 petals = 4 consonants



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